

# Foothills Parenting Classes

Spring-Summer 2010

Are you ready to put the fun back into parenting?  
Looking for simple and practical skills that can be used immediately?

**Add more tools to your parenting tool kit!**

## Becoming a Love and Logic Parent®

Apr. 7 - May 12 (Wednesdays) 6:00–8:30 pm  
Louisville Recreation Center  
900 Via Appia, Louisville  
Instructor: Sheryl Schwabe, MSW, CAC III

June 10 - July 8 (Thursdays) 6:30–9:30 pm  
Dreamcatcher Direct Instruction Center  
5440 Conestoga Ct., Boulder  
Instructor: Stephanie Bryan, LCSW, CAC III

## REAL Parenting®

(A Parent & Teen Workshop, taught simultaneously)

### REAL Parenting® Class for Parents

### Success Principles for Teens

(Interactive class: Parents will learn skills to connect and stay connected to their teens. Teens will acquire skills to help them reach their full potential.)

Apr. 27 - May 25 (Tuesdays) 6:15–9:00 pm  
Dreamcatcher Direct Instruction Center  
5440 Conestoga Ct., Boulder  
Instructors:  
Stephanie Bryan, LCSW, CAC III  
Mary Lynne Coleman, MS, [www.Tools4Teens.com](http://www.Tools4Teens.com)

## Costs and Childcare

Childcare is available for classes at the Parenting Place. Call the instructors to register, for pricing information, including price breaks for couples, and/or available scholarships.

## Instructors

Stephanie Bryan  
(303) 397-0646 or [www.REALparenting.net](http://www.REALparenting.net)  
Cyndi Goldfarb  
(303) 494-8373 or [cyndi@boulderparentingclasses.com](mailto:cyndi@boulderparentingclasses.com)  
Marinela Maneiro  
(303) 819-7606 or [amorylogica@yahoo.com](mailto:amorylogica@yahoo.com)  
Sheryl Schwabe  
(303) 520-6803 or [sschwabe@comcast.net](mailto:sschwabe@comcast.net)

### Creating a class at your location

If you are interested in forming a class at your school or community, please contact Cyndi Goldfarb.

## Love and Logic Early Childhood Parenting Made Fun!®

Apr. 3 - May 1 (Saturdays) 10:00am–12:30 pm  
(Childcare available)

Parenting Place, 1235-A Pine St., Boulder  
Instructor: Sheryl Schwabe, MSW, CAC III

Apr. 4, 11, and 25 (Sundays) 1:00–5:00pm  
Dream Makers Preschool  
In central Boulder at about Taft and 28th St.  
Instructor: Cyndi Goldfarb, MS

Apr. 26 - May 24 (Mondays) 6:30–9:00 pm  
Dreamcatcher Direct Instruction Center  
5440 Conestoga Ct., Boulder  
Instructor: Stephanie Bryan, LCSW, CAC III

Apr. 27 - May 25 (Tuesdays) 9:20–11:50 am  
REAL Parenting Office,  
1530 55th Street, Boulder  
Instructor: Stephanie Bryan, LCSW, CAC III

May 19 - June 16 (Wednesdays) 6:00–8:30 pm  
Louisville Recreation Center  
900 Via Appia, Louisville  
Instructor: Sheryl Schwabe, MSW, CAC III

June 1 - June 29 (Tuesdays) 6:30–8:45pm  
Dream Makers Preschool  
In central Boulder at about Taft and 28th St.  
Instructor: Cyndi Goldfarb, MS

June 8 - July 6 (Tuesdays) 9:20–11:50am  
REAL Parenting Office,  
1530 55th Street, Boulder  
Instructor: Stephanie Bryan, LCSW, CAC III

June 8 - July 6 (Tuesdays) 6:30–9:00pm  
Dreamcatcher Direct Instruction Center  
5440 Conestoga Ct., Boulder  
Instructor: Stephanie Bryan, LCSW, CAC III

August 2 - August 30 (Mondays) 6:00–8:30pm  
Parenting Place, 1235-A Pine St., Boulder  
Instructor: Sheryl Schwabe, MSW, CAC III

## Siblings Without Rivalry™

Apr. 22 - May 27 (Thursdays) 6:30–9:00 pm  
Dreamcatcher Direct Instruction Center  
5440 Conestoga Ct., Boulder  
Instructor: Stephanie Bryan, LCSW, CAC III

## Active Parenting for Stepfamilies™

Classes scheduled upon request  
Instructor: Stephanie Bryan

[www.FoothillsParentingClasses.com](http://www.FoothillsParentingClasses.com)

Sponsored by PEN, BVSD, and the Boulder County Healthy Youth Alliance.